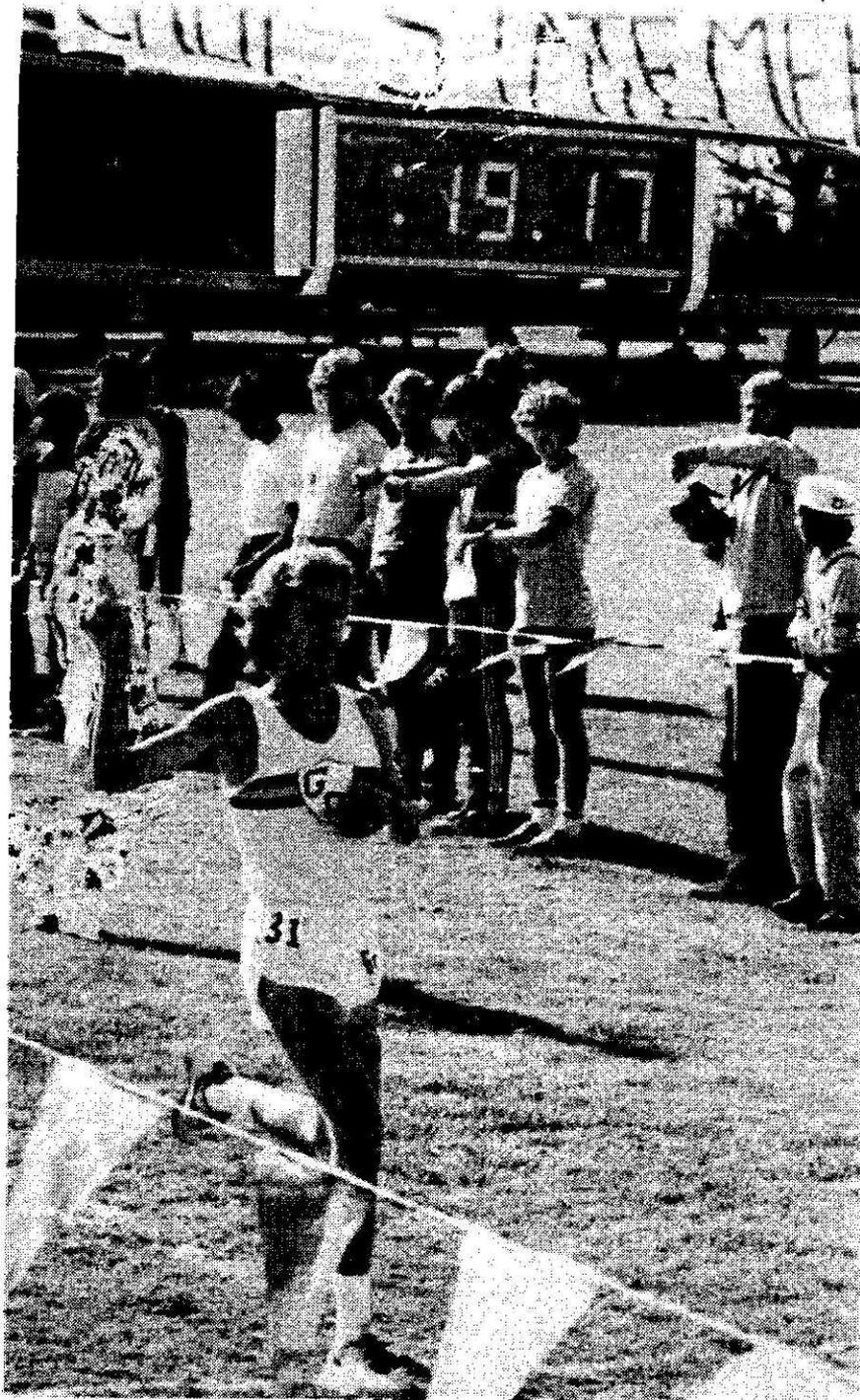


CALIFORNIA COMMUNITY COLLEGE CROSS-COUNTRY CHAMPIONSHIP



RICH BROWNSBERGER COURSE RECORD HOLDER 1982

HOST:

FRESNO CITY COLLEGE

NOVEMBER 17, 1984

WOODWARD PARK

SPONSORED BY



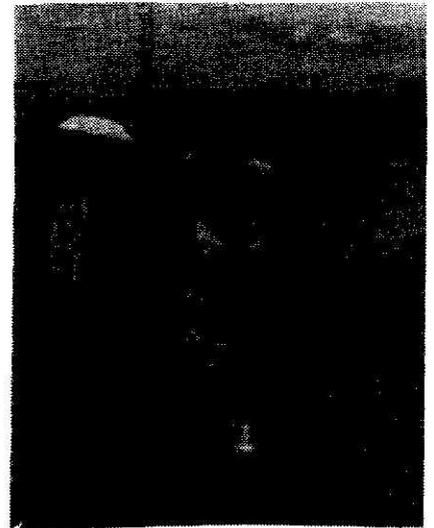
YOU PICK THE 1984 STATE CHAMPION



THE FAVORITE TO WIN
LESLIE HAWKINS NO 1 N



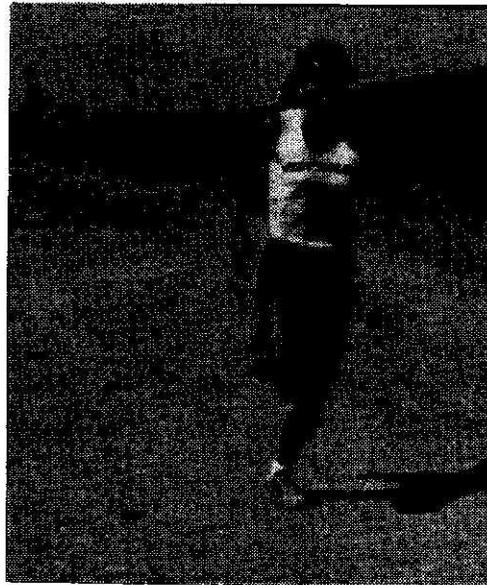
NANCY BOWMAN S



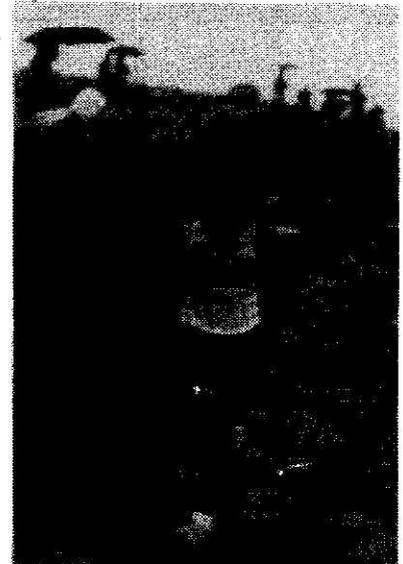
ANNE KENDRICK NO 2 NORTH



STACEY MCAFEE NO, 3 N



SUSIE HANSEN MT, SAC CHAMP



MARIA LOPEZ NO, 5 NORTH



JIM LAFUENTE & MARTIN LEAL



JILL SCHLUMBERGER, ROSA MEDINA & OTHERS AT N-CAL

1 9 8 4

CALIFORNIA STATE COMMUNITY COLLEGES CROSS COUNTRY CHAMPIONSHIP

SPONSOR: Converse Running Shoes

HOST: Fresno City College

COURSE: Woodward Park. Men - 4.0 miles. Women - 5,000 meters.

RECORD: Men: Rich Brownsberger, Grossmont (1972) 19:17
Women: Mara Lazdans, Mira Costa (1983) 17:55

1983 CHAMPIONS: Large Schools Men - El Camino. Small Schools Men - Hancock
Women: - Mira Costa Women - Ventura

DATE & TIMES: November 17, 1984. Womens race @ 11:15 a.m.
Men's race @ 12:00 p.m.

AWARDS: TROPHIES: - 1st, 2nd and 3rd place teams
MEDALS: - 1st and 2nd place teams
MEDALS: - Top 6 finishers
PLAQUES: - All State awards to first 15 finishers.

AWARDS CEREMONY:

Will be held immediately following the Men's race.
*****Please keep your athletes in the area for awards
and pictures. Allow us to honor your athletes as best
we can.

NUMBERS: Must be worn IN FRONT. Finish tags will be stapled on
the numbers. The tags are folded with was paper protecting
one side in case of rain. At the finish line the tags will
be peeled off and stuck on the finish board. Each runner
ON A TEAM will be given a finish card for result purposes.

FREE LUNCH:

Each athlete will be given a card for one free hamburger
and drink at WENDY'S RESTAURANT. One is located across
from Ratcliffe Stadium and one is at 4724 Blackstone.

RAIN COURSE: Will be the SAME COURSE. NO SPIKES.

RESULTS: Will be given to COACHES ONLY following the Awards
Ceremony. Each Coach will be given 3 or 4 copies. Also
a finish booklet and pictures to put on the award plaques
will be mailed the week after the race. PLEASE DO NOT
CROWD AROUND THE PEOPLE WORKING ON THE RESULTS.

MEET DIRECTOR: . . . Bob Fries
SCORER & ASSISTANT: Ken Dose
ANNOUNCER: Bob Womack
TIMERS: Chuck & Donna Skow
PHOTOGRAPHER: . . . Terry Pearson
RESULTS: Betty Weed & Helen Fries

RACE OUTLOOK

The Women's Team race will be a battle between Al Gilbert's MIRA COSTA team, champs from the South, and Peanut Harms' FOOTHILL team, champs from the North. Bill Campbell's WEST VALLEY team could be the spoilers if his front runners have a good day.

The individual favorite is Dave Stern's running star from MONTEREY Leslie Hawkins. She could break Mara Lazdan's 17:55 course record. First year runner (converted from swimming) Susie Hansen ran a great race, winning at Mt. Sac. and could be the dark filley.

The Men's championship will find two Southern California teams favored - Skip Robinson's PASADENA team and Mike Murihead's GROSSMONT team. These two teams may prove too strong for the top Nor Cal teams. Conditions were so bad for the Northern teams during their race that it is hard to compare. Dave Stern's MONTEREY champions had to run on a 4.19 mile hilly course, with rain, mud, wind and cold as compared to the South's flat, black-top 4.0 mile race track. Bill Campbell's WEST VALLEY team can come up with a big performance to change the entire picture.

The individual race will be very interesting with 30 individuals qualifying. Any of the top ten from the South can win, but Pasadena's Adolfo Garcia and Jose Gutierrz will be in the hunt along with John King of Taft and Eugene Cruz of West Valley.

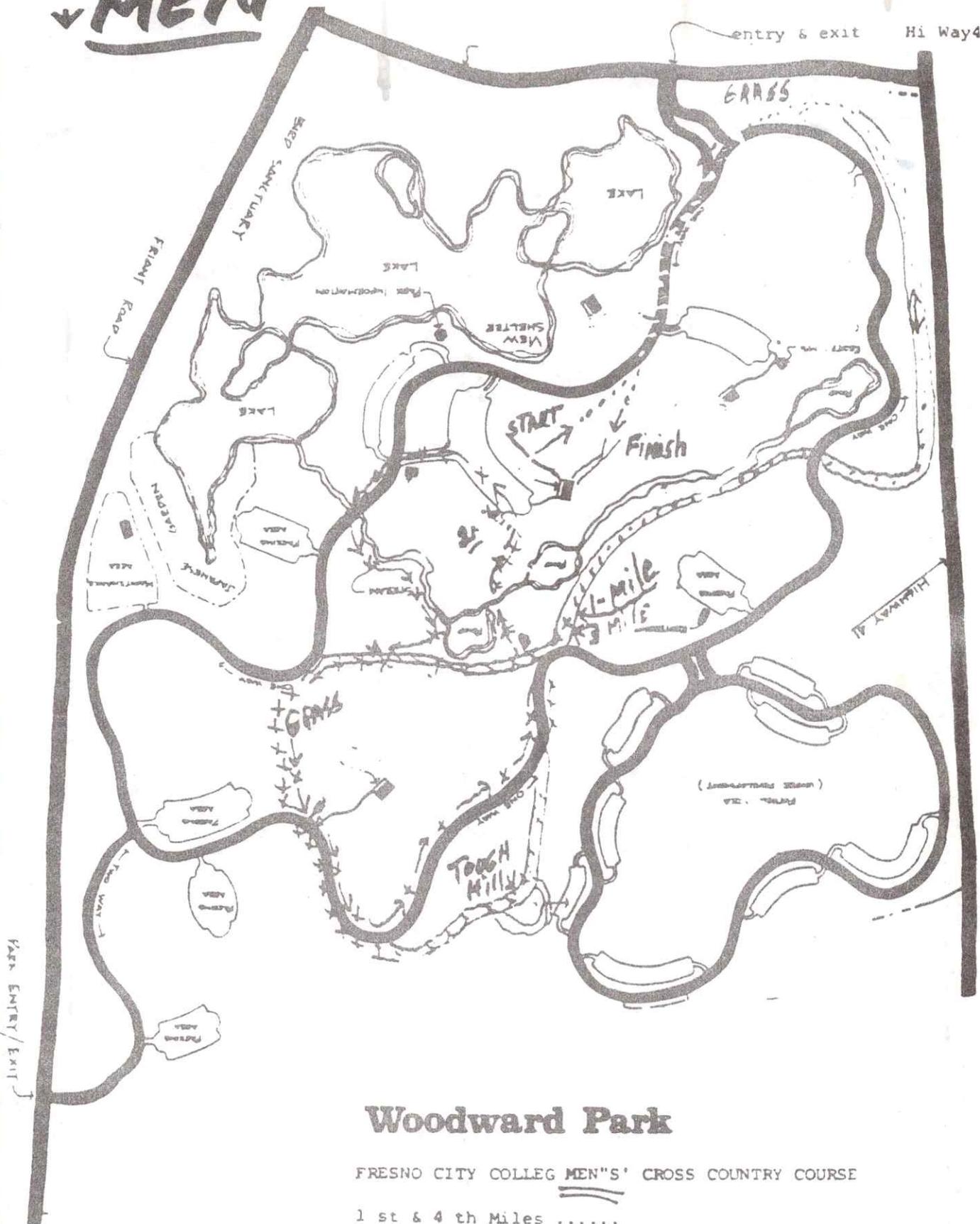
The North lost the favorite Robert Twala in the mud, but have the talent in Tom Davies of Butte, the Northern Champ, and close behind him Troy Curran of Monterey. On a dry course San Jose's James Green and West Valley's Todd Strickland could change the picture.

Among all the talent someone will rise above the field and may even challenge Rich Brownsberger's course record of 19:17.

<u>CONFERENCE CHAMP.</u>	<u>MEN</u>	<u>WOMEN</u>
Golden Gate	Jim LaFuente, San Jose	Anne Kendrick, Foothill
Coast Conf.	Troy Curran, Mont.	Leslie Hawkins, Mont.
Golden Gate	Tom Davies, Butte	Donna Martin, Shasta
Central Valley	Hugo Cibrian (2) COS	Cindy Jungwith, COS
Camino Norte	Steve Kovisto, Delta	Shelly Dunlap, Sacto.
Bay Valley	Dean Miller, Sierra	Stacy McAfee, Sierra
Western State	John King, Taft	Nancy Bowman, Taft
Mountain Valley	Eugene Cruz, LA Vall	Gretchen Lohn, LAV
Metropolitan	Jose Guttierrez, Pas.	Anna Seawright, El Cam.
South Coast	Sal Rodriguez, Mt.Sac	Jill Harrington, O. Coast
Pacific Coast	Aaron Rudd, Gross.	Pauline Stohly, M.Costa
Inland Valley	Darren Near, Citrus	Lih-Jiau Hendry, Desert

↓ MEN

entry & exit Hi Way 41



Woodward Park

FRESNO CITY COLLEGE MEN'S CROSS COUNTRY COURSE

- 1 st & 4 th Miles
- 2 nd mile X X X X
- 3 rd mile _ _ _ _

RAIN COURSE THE SAME

- 1 1/4 mile Blacktop, *0
- 800 yards grass
- 2 1/4 mile dirt roads

WOMEN

Woodward Park

City of Fresno, California

WOMENS COURSE

5,000 Meters

Entry

Hi Way 41

New Loops in 2nd mile
Do Not run up grass hill
run to right on road
.....1st & 3rd Miles
XXXXXX2nd Mile

